

Strong women of the SVDP

**Aim of session:**

- To share a bit more about the women of the SVDP who supported both St Vincent de Paul and Blessed Frédéric Ozanam.
- Plan a call to action to celebrate inspiring women in the lives of the Vinnies Youth.

What you will need:

- *Strong Women of the SVDP* presentation. Print facts about the women double-sided for a jigsaw reading activity
- *St Louise de Marillac* and *Blessed Rosalie Rendu* worksheets
- Pens and pencils
- *Minutes of the Meeting* template for the Secretary (see website)
- A reading or reflection chosen by one of the children.

Procedure:

- The President starts the meeting with an opening prayer.
- One of the children shares the reflection chosen for this meeting. You could reflect on quotes from St Louise and Blessed Rosalie Rendu on the slides and gather some thoughts and feelings about those.
- Discuss what acts of kindness Vinnies Youth have been doing since the last meeting. Ensure minutes are being taken by the Secretary.
- Explain to the children that during this meeting they are going to learn a little bit more about about two women who have inspired the SVDP.
- Give pairs of children the printouts about the two women and tell them to focus on one each in their pair. Once they've read about the women, they can share what they have learned with each other about them and make some notes on their fact sheets.
- A great call to action in this meeting is to make a card for a woman they know who inspires them. These can be decorated and taken away to give to those people. An alternative action could be to get the children to bring in some pictures of inspiring women to create a collage in school around the quotes of our influential women in the SVDP. This would be a great activity to do in class around the time of International Women's Day (March 8th).
- The President brings the meeting to an end with a closing prayer. Remember to schedule in the next meeting.

St Louise de Marillac *Worksheet*



ST LOUISE DE MARILLAC
PATRON SAINT OF:

[Dotted box for writing the patron saint's name]



FEAST DAY:

[Dotted box for writing the feast day, with a calendar icon to the right]

INTERESTING
FACTS:

[Dotted box for writing interesting facts, with a lightbulb icon to the right]

Blessed Rosalie Rendu *Worksheet*



BLESSED ROSALIE RENDU
LINK TO THE SVDP:

[Dotted green box for writing a link to the SVDP]



FEAST DAY:

[Dotted green box for writing the feast day, with a calendar icon to the right]

INTERESTING
FACTS:

[Dotted green box for writing interesting facts, with a lightbulb icon to the right]

CELEBRATING INSPIRING WOMEN *Activity*

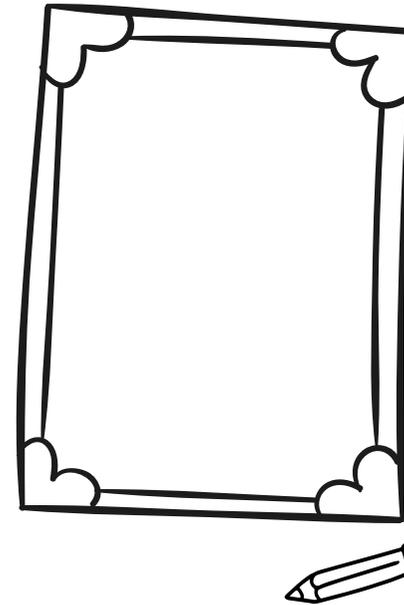


To: **From:**

This award is just for you as you are an inspiration to me!



You inspire me because...



Today in our Vinnies Youth meeting we learned about two inspiring women who have been a big part of the SVDP, **St Louise de Marillac** and **Blessed Rosalie Rendu**.

Instruction:

Think of a woman who inspires **you** and fill out this card to give to them.

